

SF - Carmel: 224km, 9638' climb

AT [mi]	TURN	ON	GO [mi]
	START	CONTROL #1: Bernie's 3966 24th St, San Francisco ASK for paper receipt with location, date, time	open +0:00 close +1:00
0.0	EAST	24th St	0.1
0.1	R	Sanchez St	0.7
0.7	L	30th St	0.2
0.9	R	Chenery St	0.8
1.7	L	Diamond St	0.1
1.8	L	Bosworth St	0.1
1.9	R	Lyell St	0.2
2.1	R	Alemanly Blvd	1.1
3.2	L	Geneva Ave	2.2
5.3	R	Bayshore Blvd	3.0
8.3	STRAIGHT	Airport Blvd	1.5
9.8	R	San Mateo Ave	0.6
10.4	L	continue on San Mateo Ave	0.8
11.2	L	continue on San Mateo Ave	0.1
11.3	L	Huntington Ave	0.7
12.0	STRAIGHT	San Antonio Ave	0.5
12.6	R	becomes Santa Helena Ave	0.1
12.6	L	San Anselmo Ave S	0.3
12.9	R	San Anselmo Ave	0.1
13.0	R	Center St	0.1
13.1	L	El Camino Real	1.1
14.1	L	Murchison Dr	0.1
14.2	R	California Dr	3.0
17.1	STRAIGHT	becomes San Mateo Dr	0.8
17.9	R	Tilton Ave	0.1
18.1	STRAIGHT	X El Camino, becomes El Cerrito Ave	1.6
19.6	R	Crystal Springs Rd	1.6
21.2	STRAIGHT	Polhemus Rd	2.1
23.3	R	Ralston Bike Trail	1.0
24.3	L	Canada Rd	7.2
31.4	STRAIGHT	X Woodside Rd	0.0
31.5	STOP	CONTROL #2 on RIGHT: Roberts Market 3015 Woodside Rd, Woodside	open +1:42 close +3:24
31.5	SOUTH	continue on Mountain Home Rd	2.0
33.4	STRAIGHT	Portola Rd	0.2
33.6	R	continue on Portola Rd	0.5
34.1	R	Old La Honda Rd	3.5
37.6	STRAIGHT	X Skyline Blvd	2.5
40.1	L	Hwy 84 W / La Honda Rd	4.0
44.1	L	Pescadero Rd	1.1
45.2	R	Pescadero Creek Rd	10.3
55.5	L	Butano Cutoff	0.5
		NOTE: Services available in Pescadero, 1.5mi farther on Pescadero Creek Rd. This is NOT a control.	
56.0	L	Cloverdale Rd	4.9
60.9	R	Gazos Creek Rd	2.1
63.0	L	Hwy 1 S	14.1
77.1	CAUTION	X RAILROAD TRACKS!	0.4
77.5	STOP	CONTROL #3 on LEFT: Open Control Davenport, CA (eg: Arro's Store, 500 CA Hwy 1, Davenport)	open +4:10 close +8:20

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77.5	SOUTH	Hwy 1 S	9.5
87.0	L	Miramar Dr	0.2
87.2	R	King St	1.1
88.2	L	Mission St	0.3
88.5	SLIGHT R	continue on Mission St	0.1
88.6	STRAIGHT	Water St	1.1
89.7	R	Poplar Ave	0.1
89.8	SHARP L	Soquel Ave	1.2
91.0	SLIGHT L	Soquel Dr, X over Hwy 1	6.4
97.4	R	continue on Soquel Dr	0.9
98.2	R	Freedom Blvd	0.2
98.4	L	Bonita Dr	1.1
99.5	R	San Andreas Rd	7.0
106.5	L	W Beach Rd	0.2
106.7	R	Thurwacher Rd	0.3
107.0	STRAIGHT	McGowan Rd	0.7
107.8	R	Trafton Rd	1.6
109.3	L	Bluff Rd	0.8
110.1	L	Jensen Rd	0.7
110.8	R	Hwy 1 S	5.6
116.4	R	Molera Rd	3.0
119.4	STRAIGHT	Nashua Rd	0.4
119.8	R	Monte Rd	1.8
121.6	L	Del Monte Blvd	2.3
123.9	R THEN L	enter Monterey Peninsula Rec Trail @ Beach Rd	5.6
129.5	STRAIGHT	X under Hwy 1, R to continue on path, X under Hwy 1	0.1
129.6	STRAIGHT	X California Ave, continue on bike path	0.6
130.2	R	Metz Rd	0.2
130.4	R	Tioga Ave	0.2
130.6	L	Monterey Peninsula Rec Trail @ intersection with Sand Dunes Dr	0.7
131.3	L THEN R	continue on bike path @ Best Western	0.9
132.2	R	continue on bike path	1.6
133.8	L	Figueroa St	0.3
134.1	L	Webster St	0.1
134.2	R	Camino El Estero	0.1
134.3	L	Fremont St	0.0
134.4	R	Mesa Rd	0.4
134.8	R	Via Mirada	0.1
134.9	L	El Dorado St	0.1
135.0	R	Iris Canyon Rd	0.5
135.5	R	Barnet Segal Ln	0.4
135.9	STRAIGHT	Viejo Rd	0.5
136.4	R	unmarked bike path parallel Hwy 1	0.4
136.8	R	Hwy 68 E, X over Hwy 1, CAUTION on narrow bridge!	0.1
136.9	L	Hwy 1 S, CAUTION crossing traffic to ramp!	2.6
139.5	L	Rio Rd	0.1
139.6	STOP	CONTROL #4: Open Control Hwy 1 & Rio Rd, Carmel (Safeway, 5 Crossroads Blvd, Carmel is 24hr)	open +7:28 close +14:56